



Celeste Emelia Mattingly, LCSW
 Licensed Clinical Social Worker
 Integrative Psychotherapist
 Multi-Dimensional Healing Facilitator
 Author & Creator of *Celestial Psychology*®

Celeste is a skilled and compassionate professional. She is an expert at helping you mindfully break free from old patterns, gain control of your thinking, and increase your quality-of-life (QOL). She will help you navigate difficult life-transitions such as: divorce; death; domestic-violence; gender-identity; unemployment; disability; spiritual emergence and/or emergencies; religious and/or political crises of faith; sudden psychic development; and extra-terrestrial awareness. She has helped hundreds of adults overcome depression, anxiety, trauma, alcoholism, gambling, sex addiction, and more. Celeste is the creator of *Celestial Psychology*®, an exciting Integrative combination of well-known psychotherapeutic techniques, mindfulness training, ancient-healing practices, state-of-the-art holistic and multi-dimensional healing, and energy-medicine modalities. She is the author of a *Guidebook* and a *Workbook* for *Celestial Psychology*® available on Amazon.

Celeste has become renowned for creating beautiful, healing, high-frequency, safe, and sacred spaces. *The Sanctuary for Celestial Empowerment* is her pièce de résistance.



Place
Stamp
Here

Celeste Emelia Mattingly, LCSW
 The Sanctuary for Celestial Empowerment
 10 Grassmere Avenue, Suite #300
 West Hartford, CT 06110-1215



Founded 1999

**Integrative Psychotherapy
 &
 Multi-Dimensional Healing Services
 For
 The Modern World**

Adult Individual & Group Integrative Psychotherapy

**Multi-Dimensional Energetic Healing Facilitations
 (in office and distance)**

Workshops & Classes

Celeste E. Mattingly, LCSW
Call 860-586-8700
10 Grassmere Avenue, Suite #300
The Sanctuary for Celestial Empowerment
 West Hartford, CT 06110-1215

celestialempowerment.com





Celestial Psychology®

Integrative, Multi-Dimensional, Path for Achieving Celestial Empowerment

Created by
Celeste E. Mattingly, LCSW

Celeste calls the work of changing for the better with consciousness-raising—Holy Work. Now more than ever, the development of our luminous-highest selves is a reality with the Integrative and Multi-Dimensional techniques of Celestial Psychology®. Celeste utilizes a wide range of Integrative practices including:

- ◆ Cognitive Behavioral Restructuring
 - ◆ Twelve-Step Facilitation
- ◆ Gestalt & Transpersonal Approaches
- ◆ Assertiveness & Mindfulness Training
- ◆ Energetic, Esoteric & Spiritual Practices
 - ◆ Multi-Dimensional Healing
 - ◆ Energy Medicine Modalities
- ◆ Authorized Reconnective Healing® Facilitator

Most Insurance Plans Accepted
Distance Healings and Energetic Multi-Dimensional techniques are not covered.

Benefits may include, but are not limited to:

- ◆ Gain mastery over your emotions, addictions and negative behaviors;
- ◆ Become more assertive;
- ◆ Improve coping and communication skills;
- ◆ Develop anger and stress management skills;
- ◆ Change your perceptions;
- ◆ Reframe painful memories;
- ◆ Increase your optimism;
- ◆ Increase functioning and productivity;
- ◆ Improve relationships with your family, friends, and co-workers;
- ◆ Access your body's own natural healing capabilities;
- ◆ Increase your feelings of peace and forgiveness;
- ◆ Discover what makes your heart sing;
- ◆ Experience true joy;
- ◆ Choose love over fear;
- ◆ Develop a new sense of self, self-esteem, and self-respect;
- ◆ Overcome the trappings of the negative egoic mind and victim mentality;
- ◆ Develop your etheric multi-dimensional, celestial body;
- ◆ Accept responsibility for your evolution!

The Holy Work of Consciousness-Raising

WELCOME! TO THE WONDERFUL WORLD OF CELESTIAL EMPOWERMENT



WHERE THE COSMOS IS YOUR OYSTER!

Celestial Empowerment is the overarching umbrella for all things that raise our consciousness.

Celestial Empowerment is accomplished by aligning ourselves and our thinking with all things positive, cosmic, divine, heavenly, and of course, celestial.

Celestial Empowerment assists humanity to become all that it can be; emboldening each of us to evolve from Homo-sapiens to Homo-luminous beings.

Celestial Empowerment is for everyone, healthy and otherwise, young and old alike.

Celestial Empowerment is only as hard as we make it.

Celestial Empowerment makes miracles everyday occurrences.

Celestial Psychology® is a new and exciting Integrative, Multi-Dimensional, bio-psycho-social-spiritual (non-denominational) path for achieving Celestial Empowerment.

When you get to know Celeste and her story you will realize she is living proof that human beings are capable of changing for the better. The aura photo (records the in-time colors of the etheric-luminous body) below was taken of her, after she completed a week of Holy Work in Sedona, AZ.

